Türk halkı kilolandi

Türk halkının beden kitle indeksinin dört yılda bir birim arttığı ve Türk insanının bu sürede ortalama 3 kilo aldığı bildirildi.


Denizli'nin Sesi HOROZ

Turk Hipertansiyon ve Böbrek Hastalıkları Derneği, Türkiye'de yüksek tansiyon artışını saptamak için 2003 yılında yapıılan Türk Hipertansiyon prevalans çalışmasında katılan 26 ilde yaklaşık 5 bin kişiye yeniden görüştü ve dört yıl önceki çalışmaya katılنانların 22 yaş ve üzeri 4008 kişiye ulaşarak, Türkiye'de hipertansiyondaki dört yıllık artış hızını yüzde 21.3 olarak belirledi. Yapılan çalışmada, Türk halkın beden kitle indeksinin dört yıl önceki gibi oratalama 1 birim arttığı saptandı.

Turkish hypertension and kidney disease Society (TURKHIP) General Secretary Prof. Dr. Mustafa Arici, the report on the increase in the prevalence of hypertension in Turkey, said that the rise in the prevalence of hypertension in Turkey has been calculated as 21.3% in the last four years.

Prof. Dr. Arici, who presented the report, said that the prevalence of hypertension in Turkey has increased by 21.3% in the last four years. According to the report, the prevalence of hypertension in Turkey has increased by 21.3% in the last four years.

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